

# What's happening with Maternity in Leeds?

DID YOU KNOW

Approx. **10,000** babies are born every year in Leeds

We recognise what a significant life event it is to have your baby. We have an ambition in Leeds for all our children to have the best possible start in life, and have developed a maternity strategy to support this.

Here's the work we've done so far in response to what you have told us is important to you:

## Choice

YOU SAID

“Support parents to make informed choices about their pregnancy and care.”

WE DID

- Worked with local people to redesign the home birth service, to make it easier for parents to choose to have a home birth if they want.



## Targeted support

YOU SAID

“Make sure families get targeted support during their pregnancy and after the baby is born if they need it.”

WE DID

- Worked with young people to find out how we can support them better.
- Provided more support for parents with learning disabilities, this includes training and easy read information. This was developed with parents and community organisations.



## How are we doing?

Share your experiences of the care you received while you were pregnant or after you had your baby, by visiting

[www.mvpleeds.com](http://www.mvpleeds.com)



## Personalised care

YOU SAID

“All parents should receive care that is personal to their needs.”

WE DID

- Each woman now has a named midwife throughout their pregnancy.
- Introduced personalised care plans to record your choices so that professionals involved in your care can make sure all your needs are met.



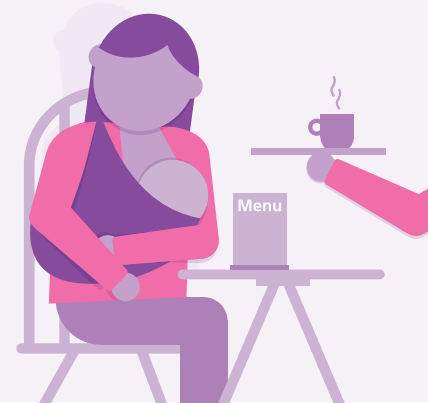
## Preparation for parenthood

YOU SAID

“Parents should feel prepared and confident for the birth and care of their baby.”

WE DID

- Introduced a range of antenatal courses for all new parents.
- More places in Leeds are signing up to be Breastfeeding Friendly.



## Emotional health

YOU SAID

“Support the emotional and mental wellbeing of parents during and after pregnancy.”

WE DID

- Together with Leeds parents, we made an animation encouraging others to ask for help if they need it, and produced advice and information on the support available in Leeds. You can see this at [mindwell-leeds.org.uk/baby](http://mindwell-leeds.org.uk/baby)
- We also made a set of films, which we put onto the Baby Buddy app. These feature Leeds parents and their babies, showing how to understand your baby, this was done in partnership with Best Beginnings and our local infant mental health service.



Working in partnership to improve maternity services



We still have more to do – you can get regular updates at [www.leedscg.nhs.uk/maternity](http://www.leedscg.nhs.uk/maternity)